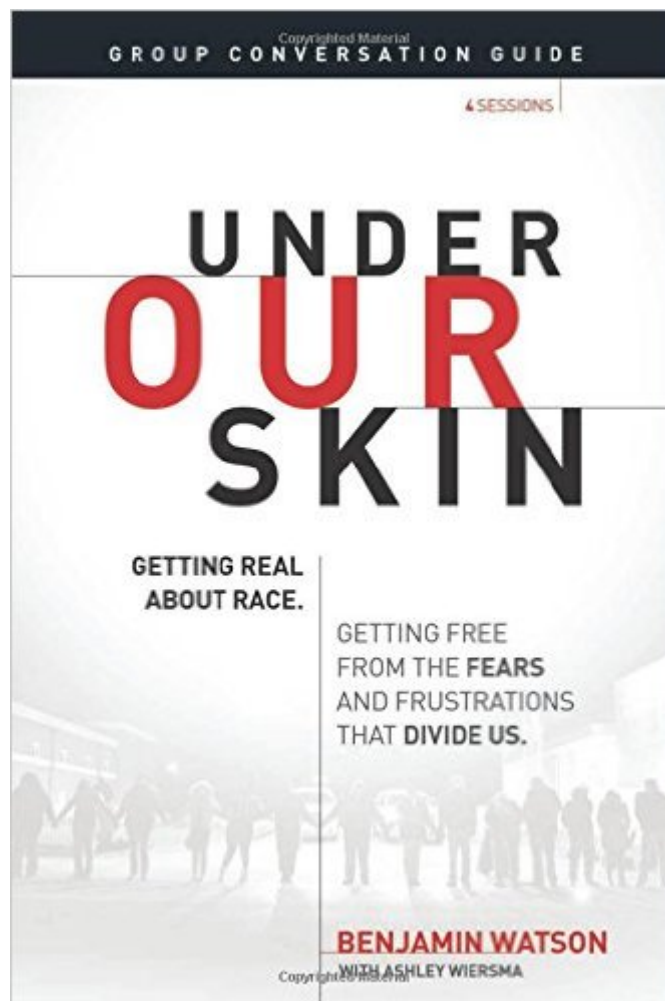


The book was found

Under Our Skin Group Conversation Guide: Getting Real About Race. Getting Free From The Fears And Frustrations That Divide Us.



Synopsis

Let's admit it. When it comes to the topics of race and racism in our country, we all feel a range of emotions—we're angry, offended, sad, hopeless, and confused. Based on Benjamin Watson's groundbreaking book, *Under Our Skin*, the *Under Our Skin* Group Conversation Guide leads you on a four-week journey to honest conversation about race, bias, and justice in our nation. For so many people, the racial divide is an argument, a political position, a debate on TV. But keeping our distance isn't working. The truth is that change starts here, with us. An NFL tight end for the Baltimore Ravens and a widely read and followed commentator on social media, Benjamin offers a look at both sides of the race debate and appeals to the power and possibility of faith as a step toward healing. Filled with personal stories and insights, *Under Our Skin* offers a bold new path toward healing the racial conflict of our world.

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